

## What's Happening!

# YMCA Has 'American Self Protection'

"American Self Protection" was officially made a Young Men's Christian Association sport at the Congress of Health and Physical Education in Peoria.

Dr. Evan Battazzi, originator of the sport, is teaching it, based on body and mind coordination, at the West Suburban YMCA, leading to the first degree black belt.

Battazzi said, "American Self Protection comprises defenses against 50 different armed and unarmed attacks, selected on the basis of their frequency in this country."

The sport is also being taught in the Waukegan, Joliet, North-West Suburban, Leaning Tower, Proviso and North Suburban YMCA's.

Co-ed classes for beginners, high school age and over, will be taught at the West Suburban YMCA, on Mondays and Wednesdays from 7 to 9 p.m., June through August.

Free training is available from 9:30 a.m. to 11 a.m. on Saturdays for this age group. Boys' classes, for ages eight to 18 years, will

be offered June through September, from 1 to 3 p.m.

The 1969 summer championship will be held on Sunday, June 22, at Waukegan, at 1 p.m.

The boys' section of the West Suburban YMCA is offering an opportunity to go canoe camping, leaving from the Y by chartered bus on July 29, for Camp Waukonda, Minn.

Ten boys and girls have signed up and there is room for 16 more. Registrations are being accepted.

The West Suburban Industrial Management Club, an affiliate of the Young Men's Christian Association, will hold its annual Ladies Night at Sportsman's Park on Monday, June 16. Harness racing will follow a 6 p.m. buffet dinner.

The West Side Mothers' Club of Lyons will hold its monthly meeting on Tuesday, June 17, in the Tee Pee Room of the Lyons village hall. The program will be given by Terry Tyrrell, of Illinois Bell Telephone company, on the subject, "Trip to the Moon."

Hostesses are Mrs. Marilyn Kosinski, Mrs. Joseph Nuzza, Mrs. Sharon Patti, Mrs. Jerry Reimus, Mrs. Thomas Robson and Mrs. Raymond Soella.