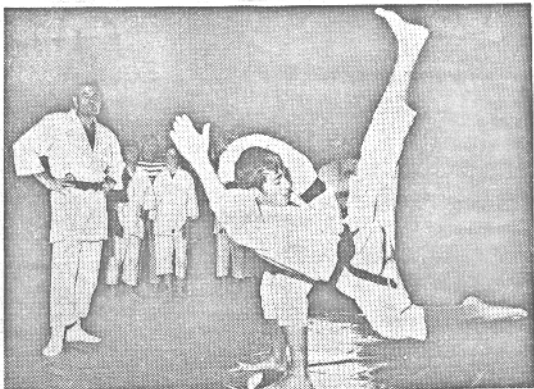


SUBURBAN SPORTS

Saturday, October 25, 1969 Part Two

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ASP Continues Growth

A self-protection system known as ASP has continued its growth and this area is part of that growth. Taking part in Adult ASP Classes at the West Suburban YMCA are (left to right)

Dr. Evan S. Baltazi, instructor, of Brookfield, Dave Demars, Downers Grove, 2nd Degree Black Belt ASP, who is throwing Dave Rancik, Pleasantdale, Brown Belt 1st Grade ASP.

(LIFE Photo)

At George Williams

ASP One Feature At Fair

The self-protection system known as ASP will be one of the features at the Active Life Health Fair to be held in Steinhaus Hall and Laurey Center at George Williams College, 355 W. 31st, Downers Grove Sun-

day, November 2. The ASP system will be demonstrated from 11 a.m. to noon, 1 to 2 p.m. and 3 to 4 p.m. The fair is being sponsored by the Lions Club.

ASP is a system of self-protection, a tournament sport and a fighting art. It was voted into the YMCA curricula for Region No. 1. The selection was made by a vote of 78 delegates at the Peoria Y Convention earlier this year.

Also known as "American Self Protection", ASP is meeting with growing acceptance by the public

since it is aimed not only at the champion or the well coordinated person, but also at the average and below average person who has little time to spare.

American Self Protection has all the elements found in the better known judo, karate and jujitsu. However, it has distinctive features of its own and should not be considered as a concoction of the other mentioned areas.

ASP is being offered, among other places, at the West Suburban YMCA, 30 E. Ogden. Adult classes are held on Mondays and Wednesdays from 8:30 to 10:30 p.m. under the direction of Dr. Evan Baltazi the originator of ASP.

Children's classes are held on Saturdays from 11:15 a.m. to 12:45 p.m. under the direction of Jack C. Rubin, vice president of ASP.