

Physical fitness health fair set at George Williams campus

Keeping well may be easier for west suburban families who attend the second annual physical fitness health fair between 10 a.m. and 5 p.m. Sunday, November 2, at George Williams college in Downers Grove. The college is co-sponsoring the fair with the Downers Grove Lions club.

With the theme, "keep well rather than get well", the fair will include health screenings, demonstrations and exhibits from 25 organizations. Co-chairmen are Fred Marvin of the Lions club and David Mismar, professor and chairman of the health and physical education division at GWC.

Physical fitness screenings will be in Steinhaus hall directed by Jack Joseph, assistant professor in physical education.

George Williams college students will give demonstrations in Lowrey center in synchronized swimming, gymnastics, folk dance and water safety.

Judo instruction will be provided by Dr. Evan Baltazzi of Brookfield on behalf of the American Self Protection association, and gymnastics will be performed by members of Sokol. Hinsdale hospital's "no smoking" program will be demonstrated; students of Laura Grant

dance studio in Downers Grove will perform; drugs and narcotics will be explained by the Downers Grove Drug council.

Exhibits and demonstrations are planned in visual perception by the West Suburban optometrists; heart disease by the Chicago Heart association; cerebral palsy by United Cerebral Palsy association; arthritis by Arthritis and Rheumatism association; hearing by the ChicagoHearing society; diabetes by the American Diabetes association.

Cripple helps will be shown by the Crippled Children association; cancer by the American Cancer society; and alcoholism by the Chicago Committee on Alcoholism.

A mobile unit from the DuPage County Tuberculosis association will be parked on campus for screening tests.