

Self-Protection Finals Scheduled

The newest art of self-defense and the newest YMCA sport is just beginning to take place alongside karate and judo. It's dubbed American Self-Protection (ASP).

Those who are curious for an exhibit of this new pastime will have a chance to see it in high quality this Sunday, March 1. That's when the Illinois state YMCA championships in ASP will be held, at 1 p.m. at the LaGrange YMCA, U. S. 34

(Ogden Ave.) and U. S. 45 (Mannheim Rd.).

Events in ASP — in which men, women and children alike can participate — include kickboxing and grappling.

The public is invited to this meet, the first of its kind ever held on a state basis. In addition to the eliminations, there will be demonstrations showing the versatility of ASP.