

NEWS LETTER

1. YMCA REGION I CHAMPIONSHIPS

The results of the YMCA Region I Championships are as follows:

- COMSEK I Red Belts: 1. Catherine Ross (W.Sub) 2. Kerry O'Connor (W.Sub.)  
3. Joe Di Vincenzo (W.Sub.)
- COMSEK I Brown & Black Belts: 1. David Kiester (Joliet) 2. Bill Kravcar (W.Sub.)  
3. Jon Hanes (W.Sub.)
- COMSEK II: 1. Jon Hanes (W.Sub.) 2. Louise Norby (Mad.) 3. Darrell Murray (W.Sub.)
- TECH. SPARRING Women: 1. Eva Malott (Mad.) 2. Florence Livesey (Mad.)  
3. Geraldine Nelson (Mad.)
- TECH. SPARRING Women Black Belts: 1. Louise Norby (Mad.) 2. Pat Remsik (Leaning Tower)
- MEN BLACK BELTS: 1. David Kiester (Joliet) 2. Doug Johnston (Leaning Tower)  
3. Tim Macdonnell (W.Sub.)
- GRAPPLING 18 and under: Heavyweights: 1. Scott Crooks (Waukegan) 2. Peter Novy (W.Sub.)
- Lightweights: 1. Jim Baltazzi (W.Sub.) 2. Alan Ariail (W.Sub.)
- 13 and under: 1. Steve Kazakoff (W.Sub.) 2. Bill Ross (W.Sub.) 3. Joe DiVincenzo (W.Sub.)
- Men, Heavyweights: 1. Tim Macdonnell (W.Sub.) 2. Doug Johnston (Leaning Tower)  
3. Roger Portner (W.Sub.)
- Men, Lightweights: 1. Doug Smith (G.W.C.) 2. Eugne Mc Daniels (G.W.C.)  
3. Daniel Grimen (G.W.C.)
- KICKBOXING Lightweights: 1. Bill Ross (W. Sub.) 2. Steve Kazakoff (W.Sub.)
- Heavyweights: 1. Darrel Murray (W.Sub.) 2. Barry Coats (Waukegan) 3. Charles Crooks (Waukegan)

2. NEW SCHEDULE - GRAPPLING - KICKBOXING

Starting April 12th the classes at the West Suburban YMCA will be on Mondays and Wednesdays from 7:30-10:30 PM in the new air-conditioned gym.

THESE WILL INCLUDE HOURLY TRAINING PERIODS IN GRAPPLING AND KICKBOXING ON A SYSTEMATIC BASIS. ALL INTERESTED ARE WELCOME TO JOIN.

There will be specialized competitions in these arts.

3. DUES AND RANK

Deadline for 1971 dues is May 1st. Those who will have not paid their dues by this date will automatically forfeit their "ASP" rank. In order to be reinstated, they will have to apply to the Board of Directors who may or may not reinstate them as the case might be.

Send your \$3.00 check or money order prior to this date if you wish to retain your rank. Except for honorary and life members, NO ONE can hold an "ASP" rank if he is not a member in good standing. No further notice will be given on this subject.

4. METHODS RESEARCH CONFERENCES

The next Methods Research Conference (same as the one we had at Camp Duncan) will be held at the West Suburban YMCA on Saturday and Sunday Sept. 11th and 12th. Keep these days open. Also attend this important event. Credits will be given for attendance.

5. "ASP" PICNIC

Those interested in participating in an A.S.P. Picnic-seminar please indicate so by sending the following info to the Association Headquarters, 4228 DuBois Blvd. Brookfield, Ill. 60513

NAME \_\_\_\_\_ Address \_\_\_\_\_ Town \_\_\_\_\_

PREFERENCE:  June  July  August (indicate week-end dates) \_\_\_\_\_ Zip \_\_\_\_\_

Place: (Suggest one or more): \_\_\_\_\_

6. "ASP" TEACHING AUTHORIZATIONS

In view of the generated confusion by individuals who try to use "A.S.P." as a stepping stone toward a degree in "martial arts" and in view of the drastically different approach of "A.S.P." to self defence, NO ONE will be authorized to teach "A.S.P.", or be eligible for promotion for as long as he teaches any of the martial arts, or a combination thereof. This decision has become necessary in order to protect "A.S.P." students from confusion by extraneous matter and systemic approach.

Furthermore, "A.S.P." is complete, self sufficient and encompasses all forms of weaponless fighting and then some, because of the common principles on which all such knowledge rests.

7.  
NOTE !!!

TO ALL INSTRUCTORS OF A.S.P.

NEW GRADING SYSTEM

Starting immediately, there will be a stricter grading of all promotional exams and tests. The minimum number of points for passing will be 75% of 3/4 instead of the old 66% or 2/3. This goes for all tests, except for BROWN and BLACK BELTS for which, the minimum passing grade will be respectively 80% and 90%. In all cases there will be sparring examination for 2 minutes. Six penalty points fail test. Novice test required. Passing grade at the instructor's discretion.

The reason for this change is to upgrade the quality of the techniques and of "A.S.P." competition. Points should be graded on both sides; left and right.

EXAMPLE: First 10 wrist holds : 10 techniques x left and right, equal 20 techniques with max. of 3 pts. possible on each tech., that equals 60 pts. max.

With old 2/3 testing scale, a person would only have to make 40 points to pass. With the new 3/4 scale, he must have 45. Below is a chart showing the differences for minimum passing grades between the old and new testing scales, scoring on both sides for before and after secured techniques:

Red Belt Test	# of Techniques	Maximum # Points	Old grading Requires 66% or 2/3 minimum to pass	New Scale requires 75% or 3/4 Min. to pass
1	10	60	40	45 Min. required
2	19	114	76	86 " "
3	12	72	48	54 " "
4	13	(72)72	52	(55)54 " "
5	11	66	44	50 " "

6. BLACK BELT I & II SEMINARS

Black Belt I and II program seminars OPEN TO ALL RANKS (anyone can register) start on May 2 and will continue on May 9, 16, 23 (no training on Memorial Day week-end) June 6, 10, 20, 27 and July 11, 18 : ten sessions in all.

Black Belt I 5-6 PM

Black Belt II 6-7 PM

Students may register for both seminars if they wish. Cost per seminar for all registrants \$20.00, payable in advance upon registration.

Registration form for  
Black Belt Seminars

NAME:

Address:

Seminar: Black Belt I

Black Belt II

Send check or money order made out to Dr. Evan S. Baltazai - 4228 Du Bois Blvd. Brookfield, Ill. 60513

Include Injury release properly signed

INJURY RELEASE

I hereby release the YMCA of Metropolitan Chicago and the "A.S.P." Association Inc. their officers, agents and employees from any and all claims which might result from mishaps and/or injuries resulting from my participation in the ASP seminar at the West Suburban YMCA, La Grange, Ill. and from going there to, or coming there from.

Signed: \_\_\_\_\_

Date \_\_\_\_\_

(minor) Parent or Guardian: \_\_\_\_\_

Date \_\_\_\_\_